

April 2026

Dear Parents and Carers,

At The Wenlock School, we are committed to providing a curriculum that prepares our pupils for the opportunities and challenges of life in the 2020s. As part of this commitment, we are beginning a consultation period regarding our Relationships, Sex and Health Education (RSHE) and PSHE curriculum.

### Why are we consulting now?

The Department for Education (DfE) has released updated statutory guidance for RSHE, which all schools must implement by September 2026. While our current 2025-2026 Long Term Plan is already very strong, the new national standards require us to update certain topics to better protect our children in an evolving digital and social landscape.

### Key updates for the 2026 curriculum include:

- **Enhanced Digital Safety:** New lessons on the risks of Artificial Intelligence (AI), deepfakes, and how technology can be used to manipulate information.
- **Physical Safety:** Formalised requirements for road, rail, water, and fire safety (many of which we already cover in Year 3).
- **Mental Wellbeing:** A greater focus on managing life transitions, understanding grief and loss, and distinguishing between "low mood" and medical mental health conditions.
- **Safeguarding & Health:** Ensuring the use of accurate anatomical terminology for body parts and an earlier, age-appropriate introduction to puberty to ensure children are prepared for physical changes.

### Your Role and Transparency

We believe that parents are the first teachers of their children. To ensure you are fully informed:

1. **Materials Access:** You have the right to view all teaching materials used in these sessions. We ensure all resources from external providers are available for parental inspection.
2. **Right to Withdraw:** You continue to have the right to request that your child be withdrawn from some or all of the "Sex Education" components of the curriculum (excluding those topics covered in the National Curriculum for Science).
3. **Feedback:** We welcome your views on how these topics are introduced and the age-appropriateness of our delivery.

## How to get involved

We will be holding a coffee afternoon on Friday 8<sup>th</sup> May at 1:30pm to walk through the curriculum map and show examples of the resources we use. You can also submit feedback via the form shared via Schoop, and also our here: [PSHE/RSE parental consultation 2026](#).

Our goal is to ensure that every pupil at Wenlock feels safe, respected, and ready for the future. We look forward to working with you to make this curriculum as effective as possible.

**Yours sincerely,**

Team Wenlock